

Janata Shikshan Sanstha's
Kisan Veer Mahavidyalaya, Wai
Yoga & Meditation Committee
“Meditation Programme”

25th, 26th and 27th May 2022

The Yoga & meditation Committee organized “**Meditation Programme**” at 10.45 am on 25th, 26th and 27th May 2022. The students were invited to participate in ‘**ANAPANSATI MEDITATION PROGRAMME**’. This technique is first step of Vipassanna Meditation. In this technique students were guided to give attention towards natural breathing. This is very useful for both physical and mental health.

The objective of the programme was to train the students to pay attention towards natural breathing as an exercise of a mind.

On 25th May 2022, 5 teacher and 102 students (Male - 35 , Female -67), on 26th May 2022, 98 students (Male - 5 , Female -93), and on 27th May 2022, 78 students (Male - 24 , Female -54) participated in the programme.

Dr. Vinod Veer as a Coordinator of Yoga and Meditation Committee, introduced the details of the programme. Mrs. Sandip Patugade proposed the Vote of Thanks.




PRINCIPAL
KISAN VEER MAHAVIDYALAYA
Wai, Dist. Satara



Shop No 11 Kisan Vir Chowk, near Old Bridge, Sidhanathwadi Rural,
Maharashtra 412803, India

Latitude
17.94503842°

Longitude
73.87612214°

Local 11:28:06 AM
GMT 05:58:06 AM

Altitude 649.9 meters
Wednesday, 05-25-2022



Shop No 11 Kisan Vir Chowk, near Old Bridge, Sidhanathwadi Rural,
Maharashtra 412803, India

Latitude
17.9449836°

Longitude
73.8760765°

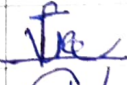
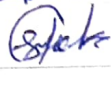
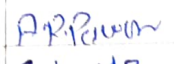
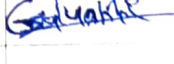
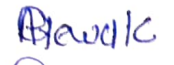
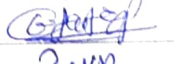
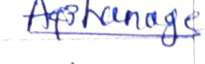
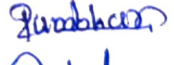
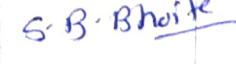
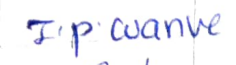
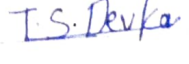
Local 11:27:54 AM
GMT 05:57:54 AM

Altitude 664 meters
Wednesday, 05-25-2022

KISAN VEER MAHAVIDYALAYA, WAI**YOGA & MEDITATION COMMITTEE****MEDITATION****ATTENDANCE**

Wednesday: 25/05/2022

Time: 10.45 A.M.

Sr. No.	Name	Class	Roll No	Gender	Signature
1	Vinod Prabhakar Tupe	B.COM II	234	Male	
2	Sameer anandale jete	B.com II	225	male	
3	Akash Rajendra Pawar	B.com II	170	Male	
4	Girish Santay Salunkhe	B.com II	165	Male	
5	Atharv Subhash Yewale	B.com II	226	male	
6	Rohit Rajendra chavan	B.com II	230	male	
7	Ganesh satish Jagtap	B.com II	233	male	
8	Dipak Prakash Chikane	B.com II	239	male	
9	Sahil Sandeep Arde	B.com II	217	male	
10	Sujit Ramchandrapisal	B.com II	222	male	
11	Neha Sambhaji Yadav	B.com II	299	Female	
12	Akanksha Krishnadeo Bhanage	B.com II	265	Female	
13	Pranita Kashinath Kumbhar	B.com II	286	female	
14	Amruta Ramesh Shelar	B.COM III	275	female	
15	Srushti Damodar pol	B.com III	284	Female	
16	Dhanshree Tulshidas Shinde	B.com III	315	Female	
17	Mansi Nitin Sonawane	B.com III	311	Female	
18	Bhoite Snehal Balasaheb	B.com III	267	Female	
19	Isha pramod wanve	B.com III	274	Female	
20	Devkar Tanuja Sanjay	B.COM III	272	female	

Sr. No.	Name	Class	Roll No	Gender	Signature
21	Bathe Jyotsna Dattatray	S.Y. B.com	177	Female	J.D. Bathe
22	Dhumal Vaishnavi Ramesh	S.Y. B.com	197	Female	V.R. Dhumal
23	Deshmane Pratiksha Satish	S.Y. B.com	195	Female	P.D.
24	Jadhav Pooja Pooni	S.Y. B.com	93	Female	P.P. Jadhav
25	Jadhav arti Hanamant	S.Y. B.com	187	Female	A.H. Jadhav
26	Shruti Satish Jadhav	S.Y. B.com	186	Female	Shruti
27	BHOSALE ASHWINI CHANDRAKANT	S.Y. B.com	199	Female	Ashwini
28	Gujar Divya Shashikant	S.Y. B.com	205	Female	Divya
29	parte dhanashree chanchabhai	S.Y. B.com	196	Female	Parte
30	Jadhav Akshada Anandrao	S.Y. B.com	182	Female	A.A. Jadhav
31	Kumbhar Anjali Ashok	S.Y. B.com	174	Female	A.A. Kumbhar
32	Kadam Dhanashri Sanjay	S.Y. B.com	164	female	D.S. Kadam
33	Pharande Prajakta Rajendra	Sy B.com	166	female	Pharande
34	Shirke Pratiksha Anil	Sy B.com	236	female	Shirke
35	Ambhore Tanvi Namdev	Sy B.com	238	female	T.M. Ambhore
36	Tharave Tanuja Sanjay	Sy. B.com	176	female	Tharave
37	Yadav Priyanka Arvind	Sy. B.com	172	female	Priyanka
38	Dere priyal Mohan	S.Y. B.com	218	female	P.M. Dere
39	Patil Alka Ananda	S.Y. B.com	203	female	Alka
40	Sasane Komal Dilip	T.Y. B.com	235	female	K.D. Sasane
41	Bachal Mayuri Rajendra	T.Y. B.com	260	Female	Mayuri
42	Sayali Kishor Gaikwad	T.Y. B.com	161	Female	Sayali
43	Bhanage Poonam Dattaram	T.Y. B.com	163	Female	Bhanage
44	Bhilare Rupali Dilip	T.Y. B.com	228	female	R.B. Bhilare
45	Bagade Akshada Milind	T.Y. B.com	95	female	A.M. Bagade
46	Shinde Aishwarya Mangesh	T.Y. B.com	304	Female	A.M. Shinde
47	malusare Pooja Bhikku	Ty. B.com	231	Female	Malusare
48	Mohini Mohan shinde	Ty. B.com	310	female	MMS
49	Jadhav Pratiksha Ravindra	Ty. B.com	312	Female	P.R. Jadhav

Sr. No.	Name	Class	Roll No	Gender	Signature
50	Vinod Prabhakar Tupe	B.com.II	234	Male	<u>Pra.</u>
51	Sameer amanda gale	B.com.II	223	male	<u>Gale</u>
52	Girish Sanjay Salunkhe	B.com.II	165	Male	<u>Salunkhe</u>
53	Akash Rajendra Pawar	B.com.II	170	Male	<u>AP Pawar</u>
54	Atharv Subhash Yewale	B.com.II	226	male	<u>Yewale</u>
55	Ganesh Satish Jagtap	B.com.II	233	male	<u>Jagtap</u>
56	Dipak Prakash Chitane	B.com.II	239	male	<u>Chitane</u>
57	Sahil Sandeep Arde	B.com.II	214	male	<u>Arde</u>
58	Sujit Rameshchandra Pisal	B.com.II	222	male	<u>Pisal</u>
59	Rohit Rajendra Chavan	B.com.II	230	male	<u>Chavan</u>
60	Jangam Rushikesh Somnath	B.com.II	175	male	<u>Jangam</u>
61	Shubham Harmantrao	B.com.II	40	Male	<u>Shubham</u>
62	Chauthmalal Minakshi Nemish	Faculty	-	Female	<u>Chauthmalal</u>
63	Jagtap Tushar Valmik	B.com.III	202	male.	<u>T.V. Jagtap</u>
64	Jagtap Adinath Yuvraj	B.com.III	199	male	<u>Jagtap</u>
65	Dhavle Ajay Arvind	B.com.III	209	male	<u>AA Dhavle</u>
66	Chaudhari Chetan Sumil	B.com.III	191	Male	<u>Chaudhari</u>
67	Chaudhari Ram Ashok	B.com.II	204	Male	<u>Chaudhari</u>
68	Dubal Shrawan Sunil	B.com.III	238	male	<u>Dubal</u>
69	Chavan Aniket Sachin	B.com.III	207	male	<u>A.S. Chavan</u>
70	Shinde Rohit Prakash	B.com.II	213	male	<u>Shinde</u>
71	Bansode Dipak	B.com.II	05	male	<u>Bansode</u>
72	Shukume Dhruv Manoj	B.com.II	130	male	<u>Shukume</u>
73	Dene Aditya Hemant	B.com.II	131	Male	<u>Ale. Dene</u>
74	Wande Nitunt	B.com.II	162	Male	<u>Wande</u>
75	Mohangade Siddhesh Harmantrao	B.com.III	174	male	<u>Mohangade</u>
76	Kajal Shivaji Shinde	B.com.III	248	Female	<u>Kajal</u>
77	Puja Padhav	B.com.III	234	female	<u>P.R. Padhav</u>
78	Sajija Shaikh	B.com.II	323	Female	<u>S.S. Shaikh</u>

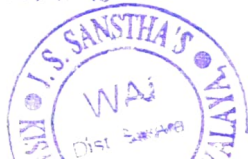
Sl. No.	Name	Class	Roll No	Gender	Signature
79	Pratiksha subhash Jadhav	B.com II	188	female	A. S. Jadhav.
80	Nafisa Aij Mulani	B.com II	191	Female	N. A. Mulani
81	Pratiksha Hanamant Jadhav	B.com II	190	Female	P. H. Jadhav.
82	Isha Navaraj Bisukarm.	B.com II	162	Female	Tha
83	Sarika sadashiv hattur.	B.com II	163	Female	Shuttur
84	Mayuri Maruti Jagtap	B.com II	210	Female	M. M. Jagtap
85	Mayuri Ramesh salunkhe	B.com II	211	Female	Salunkhe
86	Prajakta Bhiku Gole	B.com II	173	Female	Tok
87	Aruni Datta Mandhare	B.com II	213	Female	A. D. mandhare
88	Pradnya vilas Chavan	B.com II	215	female	Chavan
89	Sonal Dnyaneshwar shinde	B.com II	202	female	S. D. shinde.
90	Dipati Ashok Dhage	B.com II	185	Female	D. A. Dhage.
91	Dipali sarjerao Umbarkar	B.com II	171	female	D. S. Umbarkar
92	Gauri vitthal Kalambe	B.com II	192	Female	G. V. Kalambe
93	Sakshi Rajendra Deshmukh	B.com II	200	Female	Sakshi Deshmukh
94	Sanika Narendra Mahajam.	B.com II	232	Female	S. Mahajam
95	Rutuja Ramesh Jadhav.	B.com III	195	Female	Jadhav. R. R.
96	Aarti Santaji khopade	B.com III	172	female	AB
97	Po Poonam Suril	B.com III	178	Female	P. S. Pat.
98	Jadhav Amisha Hemant	B.com III	177	Female	Amisha
99	Deshmone swati suresh	Faculty		Male	SS Deshmone
100	Jamdade Ravindra Suresh	Faculty		Male	SV
101	Pawar Jaywant yadav	Faculty		Male	J. Pawar
102	Delavi Pooja Akash	Faculty		female	P. A. Delavi
103	Bandal Akanksha Suresh	B.Com III	302	female	A. S. Bandal.
104	Kadam prechi Suresh	B.COM (III)	309	female	Prechi
105	Wadkar Komal Rajendra	B.com (III)	307	Female	Komal Wadkar
106	Nikam Nikita Mahendra	B.com III	305	—	Nikam
107	Sanika Madhukar Ithale	B.Com	271	—	Sanika

KISAN VEER MAHAVIDYALAYA, WAI**YOGA & MEDITATION COMMITTEE****MEDITATION****ATTENDANCE**

Time: 10.45 A.M.

Thursday: 26/05/2022

Sr. No.	Name	Class	Roll No	Gender	Signature
1	Akshada Mahesh Jadhav	B.com II	181	Female	A.M. Jadhav
2	shivani Dabhrath Yadav	B.com II	180	Female	<u>Sadav</u>
3	Namrata Sunil Mahangade	B.com II	189	Female	N.S. Mahangade
4	payal vasant sameer	B.com II	167	female	P.V. Sameer
5	shivani shashikant Bhosale	B.com II	231	female	<u>ssb</u>
6	Pratiksha Ravindra Jadhav	B.com II	228	Female	<u>P.R. Jadhav</u>
7	Shivani Ankush Pisal	B.com II	183	female	<u>Pisal S.A</u>
8	Priyanka Arjun Mandhare	B.com II	221	Female	<u>Mandhare</u>
9	Jyoti Krushande Phanse	B.com II	219	Female	<u>Jyoti</u>
10	Amruta Prakash Pol	B.com II	169	Female	<u>Amruta</u>
11	Ravina Devram Wadkar	B.com II	223	female.	<u>Ravina</u>
12	Pratiksha Sanjay Mahangade	B.com II	220	Female	<u>Mahangade</u>
13	kumbhar shradha Keshav	B.com II	198	Female	<u>Kumbhar</u>
14	Rajpure Sanika Dattatray	B.com II	193	Female	S.D. Rajpure
15	Rajpure snehal Dattatray	B.com II	194	Female	<u>Snehal</u>
16	Ashwini Sanjay Pol	B.com II	226	female	<u>Ashwini</u>
17	Rajpure shweta Ramchandra	B.com III	182	Female	<u>Rajpure</u>
18	Vare Dhanashri Dattatray	B.com III	171	female	<u>D.D. Vare</u>
19	shinde Nikita Nitin	B.com III	169	female	<u>Shinde</u>
20	Kondhalkar Archana Manu	B.com III	187	female	<u>Kondhalkar</u>



Sr. No.	Name	Class	Roll No	Gender	Signature
21	Sanika Narendra Mahajan	B.com II	232	Female	S. Mahajan
22	Sakshi Rajendra Deshmukh	B.com II	200	Female	S. Deshmukh
23	Gauri vitthal Kelambe	B.com II	192	Female	G. V. Kelambe
24	Dipali Sarjerao Umbarkar	B.com II	171	Female	D. S. Umbarkar
25	Dipti Ashok Dhage	B.com II	185	Female	D. A. Dhage
26	Anali Dattu Mandhare	B.com II	213	Female	A. D. Mandhare
27	Pradnya Vilas Chavan	B.com II	215	Female	P. Chavan
28	Sonal Dnyaneshwar Shinde	B.com II	202	Female	S. D. Shinde
29	Prajakta Bhikku Gole	B.com II	173	Female	P. Gole
30	Mayuri Ramesh Salunkhe	B.com II	211	Female	M. Salunkhe
31	Mayuri Maruti Jagtap	B.com II	210	Female	M. M. Jagtap
32	Isha Navaraj Bisukarm	B.com II	162	Female	I. Bisukarm
33	Sarika Sadashiv Kattur	B.com II	163	Female	S. Kattur
34	Pratiksha Subhash Jadhav	B.com II	188	Female	P. S. Jadhav
35	Nafisa Aji Mulani	B.com II	191	Female	N. A. Mulani
36	Pratiksha Hanamant Jadhav	B.com III	190	Female	P. H. Jadhav
37	Chadhami Prajkt Vishnu	B.com III	188	Female	C. Vishnu
38	Chaitrali Bhaurao Mandhare	B.com III	154	Female	C. Mandhare
39	Pranali Pradip Bhosale	B.com III	197	Female	P. Bhosale
40	Komal Narayan Jadhav	B.com III	196	Female	K. Jadhav
41	Tarupti Balu Gadhave	B.com III	224	Female	T. Gadhave
42	Prachi Ajit Pisal	B.com III	179	Female	P. Pisal
43	Sakshi Sakharam Chorot	B.com III	217	Female	S. Chorot
44	Faija Ajim Sayyad	B.com III	219	Female	F. A. Sayyad
45	Gadhave Akanksha Somnath	B.com III	222	Female	G. Gadhave
46	Wadkar Pradnya Sahadev	B.com III	389	Female	P. Sahadev
47	Kelgane Prajakta Govind	B.com III	170	Female	K. Kelgane
48	Chorot Pratiksha Sanjay	B.com III	168	Female	P. S. Chorot
49	Pratiksha Sanjay	B.com III	308	Female	P. Sanjay

Sr. No.	Name	Class	Roll No	Gender	Signature
1	Alka Ananda Patil	S.Y. Bcom	209	Female	<u>Alka</u>
2	Prigya Mohan Dere	S.Y. Bcom	218 218	Female	<u>P.m. Dere</u>
3	Therave Tanuja Sanjay	S.Y. Bcom	116	Female	Therave
4	Yadav Priganka Arvind	S.Y. Bcom	172	Female	<u>Priganka</u>
5	Phorande Prajakta Rajendra	S.Y. Bcom	166	Female	<u>Phorande</u>
6	Shirke Pratiksha Anil	S.Y. Bcom	236	Female	<u>Shirke</u>
7	Ambhore Tanvi Namdev	S.Y. Bcom	238	Female	<u>T.N. Ambhore</u>
8	Dhanashri Sanjay Kadam	S.Y. Bcom	164	Female	<u>D.S. Kadam</u>
9	Kumbhar Anjali Ashok	S.Y. Bcom	174	Female	<u>A.A. Kumbhar</u>
10	Jadhav Akshada Amandrao	S.Y. Bcom	182	Female	<u>A.A. Jadhav</u>
11	Porte Dhanashree Chandrakant	S.Y. Bcom	196	Female	<u>Porte</u>
12	Gujar Divya Shashikant	S.Y. Bcom	205	Female	<u>Gujar</u>
13	Bhosale Ashwini Chandrakant	S.Y. Bcom	199	Female	<u>A. Chosale</u>
14	Jadhav Pooja Pooja	S.Y. Bcom	93	Female	<u>P.P. Jadhav</u>
15	Jadhav Arati Hanumanant	S.Y. Bcom	187	Female	<u>A.H. Jadhav</u>
16	Shruti Satish Jadhav	S.Y. Bcom	186	Female	<u>Shruti</u>
17	Bathe Jyotsna Dattatray	S.Y. Bcom	177	Female	<u>J.D. Bathe</u>
18	Deshmane Pratiksha Satish	S.Y. Bcom	195	Female	<u>PS</u>
19	Dhumal Vaishnavi Ramesh	S.Y. Bcom	197	Female	<u>V.R. Dhumal</u>
20	Vare Sejal Sharad	T.Y. Bcom	279	Female	<u>Vare</u>
21	Torade Trupti Ravinder	T.Y. Bcom	282	Female	<u>T.R. Torade</u>
22	Komal Abhijit Sandekar	T.Y. Bcom	278	Female	<u>Komal</u>
23	Aarti Kondibacode	T.Y. Bcom	316	Female	<u>Aarti</u>
24	Ankita Prakash Desai	T.Y. Bcom	314	Female	<u>Desai</u>
25	AKANKSHA Mohan Torde	T.Y. Bcom	317	Female	<u>Akt</u>
26	Sakshi Shivaji Hagarane	T.Y. Bcom	291	Female	<u>S.S. Hagarane</u>
27	Reshma Navanath Hagarane	T.Y. Bcom	256	Female	<u>Reshma</u>
28	Namrata Maruti Mankumbhar	T.Y. Bcom	252	Female	<u>N.M. Mankumbhar</u>

Sr. No.	Name	Class	Roll No	Gender	Signature
77	Jagad Shorad Pawar	B.COM-2	214	male	Jagad
78	Vipul Laxman Shirke	B.com-2	216	male	Shirke
81	Aniket Rajendra Jadhav	B.COM-2	224	male	Aniket
82	Shubham Hanmant Rao	B.com-II	40	Male	Shubham
83	Rishikesh Somnath Jangam	B.com-II	175	male	A. M. Jadhav
84	Akshada Mahesh Jadhav	B.com II	181	Female	Akshada
85	Shivani Dushreshth yadav	B.com II	180	Female	N.S. Mahangade
86	Namrata Sunil Mahangade	B.com II	189	female	P.V. Somas
87	Payal Vasant Somas	B.com II	167	female	S.S.B
88	Shivani Shashikant Bhosale	B.com II	231	female	P.R. Jadhav
89	Pratiksha Ravindra Jadhav	B.com II	228	Female	Pisal S.A
90	Shivani Ankush Pisal	B.com II	183	female	Anandhane
91	Priyanka Arjun Mandhane	B.COM II	221	female	Jyoti
92	Jyoti Krushande Phanse	B.COM II	219	female	Amruta
93	Amruta Prakash Pol	B.com II	169	female	Rohas
94	Ravina Devram Wadkar	B.COM II	223	female	Mahangade
95	Pratiksha Sanjay Mahangade	B.COM II	220	female	B.K. Kumbhar
96	Shraddha Keshav Kumbhar	B.COM II	198	female	S.D. Rajpure
97	Rajpure Sanika Dattatray	B.COM II	193	female	Shetal
98	Rajpure Snehal Dattatray	B.COM II	194	female	